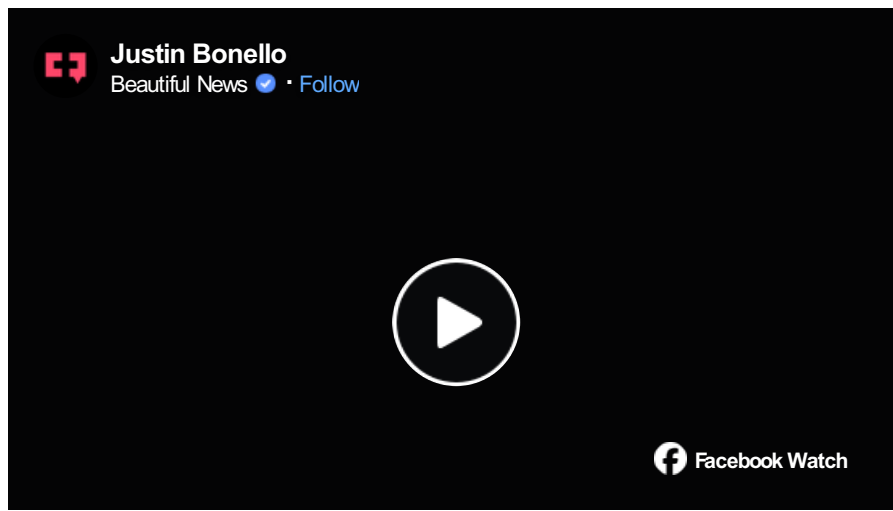


#BeautifulNews: This chef proves that bustling cities are the best place to farm

Where does your food come from? Over half of South Africa's population live in cities, with no direct access to farms. We scour grocery store shelves for the most attractive packaging, rather than the freshest produce. Justin Bonello felt this massive disconnect between what we consume and its origins. So the chef set out to track our daily bread from field to store to dinner table. "We've become so reliant on mass-produced, homogenised food that we no longer even know what real food is," Bonello says. This realisation drove him to dig up his own Cape Town garden, a move that's led to a city-wide farming initiative.

Read Justin Bonello's full story [here](#).



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