

#BeautifulNews: To end hunger, sometimes you have to think inside the box

People can't function when they're hungry. But every day, children across South Africa are forced to attend classes without having something to eat. Benjamin Constable realised this while coaching basketball at a primary school in Durban. "This just struck me as the most obvious challenge South Africa faces," he says. "How do you grow and develop if your stomach's empty?" Trying to uplift kids with sport took a back seat. The children needed nourishment. Constable's solution didn't lie outside the box, but in one.

For Benjamin Constable's full story, [click here](#).



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