

Nathalie Schooling, founder of Nlighten

By [Emily Stander](#)

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This week, we caught up with experienced strategist, Nathalie Schooling. With over 25 years in the customer service industry, Schooling also founded customer experience company Nlighten.



Image supplied: Nathalie Schooling and her son

■ ***Where do you live, work and play?***

I live in Claremont – Cape Town, work at our offices in Kenilworth and my “zen” space is at a yoga studio in Constantia.

■ ***What’s really behind your selfie?***

56 years of gratitude for my two amazing children, a wonderful career that I am absolutely passionate about, a small tribe of special humans called my “close” friends, and for my health.

I am thankful for life’s sometimes super tough lessons that have shaped me, challenged me and ultimately made me a more fulfilled and peaceful person.

■ ***What does a typical weekend look like for you now?***

I am a single mom, so spending as much time with my 16-year-old son (as he will allow). Yoga, long walks with friends, eating out or entertaining at home.

🔴 **Describe your career so far.**

I had many successful years in corporate, then just before I turned 40, I “changed lanes” and started Nlighten. Probably the bravest, scariest experience of my life. But when I look back, it was definitely the best thing I ever did from a career perspective. It’s the most wonderful feeling to create something from nothing.

🔴 **What are you streaming/reading/listening to right now?**

I am reading Lincoln Mali’s book called *Blazing a Trail*.

🔴 **What’s your favourite gif?**

A heart!

□

🔴 **Give us the quote you like to live your life by?**

“Success is not final, failure is not fatal, it’s the courage to continue that counts” - Winston Churchill

🔴 **Do you have any secret talents?**

No, I am an open book!

🔴 **What are some of your best loadshedding survival tips?**

Invest in an inverter!

ABOUT EMILY STANDER

Freelancer specialising in games and entertainment | My first loves are writing, music and video games
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